

First Person vs. Third Person: Writing Worksheet

Introduction

Use this worksheet to explore and compare first and third person points of view in your writing. Each section includes writing prompts, analysis space, and a quick quiz to help you decide what fits your story best.

Part 1: Write the Same Scene Twice

Prompt: Write a short scene (5-7 sentences) in FIRST PERSON. Then, rewrite the same scene in THIRD PERSON LIMITED.

Topic: A character discovers a secret about someone close to them.

Scene in First Person:

Scene in Third Person:

Reflection:

- Which version felt more emotional?
- Which one gave you more freedom to describe surroundings?
- Which voice fits your character better?

Part 2: POV Quick Quiz

Answer these to help decide which POV might work for your current project:

1. Do you want the reader to feel deeply connected to one character's internal world? (Yes = First Person)
2. Do you need to show events happening in different places or follow multiple characters? (Yes = Third Person)
3. Is the voice of the narrator important to the tone? (Yes = First Person)
4. Does your story rely more on plot than internal reflection? (Yes = Third Person)

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Part 3: Experiment with Omniscient POV

Prompt: Write a short paragraph in THIRD PERSON OMNISCIENT. Let the narrator know what more than one character is thinking or feeling.

Topic: Two friends meeting after a long fight.

Write Here:

Reflection:

- Did omniscient help or hurt the emotional impact?
- Did it create a sense of distance or depth?

Final Thoughts

There's no perfect POV for every story-but there's one that will unlock YOUR story's emotional core and narrative power. Use this worksheet to try them out and trust your instincts.